

Strawberry Vale Happenings for November 12th to November 16th

Monday, November 12th

- **SCHOOL CLOSED in lieu of Remembrance Day**

Tuesday, November 13th

- Food Bank this week: Lunch and Dinner items
- Swim Club 3:15-4:00 at Commonwealth Pool
- Basketball practice begins today in the gym from 3:00-4:00

Wednesday, November 14th

- PAC meeting tonight at 6:30 pm in the Staff Lounge: Everyone Welcome!

Thursday, November 15th

- Author, Lucky Budd, visits classrooms today
- Basketball practice in the gym 3:00-4:00

Friday, November 16th



- Crazy Hair Day
- Pizza lunch for those who pre-ordered



**Feeding the
Community**

Food Bank Drive

We will be doing our Autumn Food Bank Drive from Monday, October 29th to Friday, November 16. Our dream is to have all our things in the new Choice Pantry in time for December. In consultation with St Vincent de Paul we have created the list of items below. Although, we have divided the weeks up into specific areas of need, we will accept anything you can donate. Please check the BEST BEFORE DATE before donating

your items and always donate things you might like to eat or receive.

Week of:

November 13th - Lunch and Dinner

Pasta, soup, individual serving meals (eg: tuna), meat in tins (ham, tuna, salmon), pasta sauce, canned vegetables, flour, cooking oil, sugar, cake mixes, cookies mixes, canned fruit

Thank you to everyone for their support and donations as we help vulnerable families in our community,

Division 3 (Grade 4 and 5, Mrs Marley)

Author Visit



Robert "Lucky" Budd, co-author of numerous books with artist Roy Henry Vickers, will be joining us **Thursday, November 15th**.

In addition to being a best-selling author, Lucky is a *memoirist* who helps people turn their memories into stories.

Lucky will spend some time with each class at Strawberry Vale sharing his work and getting us to think about how we can turn some of *our* memories into stories.

Scholastic Book Fair

Another fantastic book fair! Thanks for your hard work Lisa and Laura.

Total Sales: \$3,611.30

Total Credit Received: \$2,015.10 Mr. Richey pulled \$1,996 worth of books from the book fair for our library from this and still has a \$19.10 credit for future use.

Great results once again!



Rain, Rain and More Rain

At this time of year, rain proof jackets and boots are a good idea as indoor playtimes are called only in severe conditions. Unless it is raining extremely hard, or very cold, children benefit from the fresh air and exercise they get outdoors even in the rain. It is important for all students to

have a **second pair of indoor shoes** to change into when they return to the classrooms. Mr. Lopez is noticing how muddy the floors are when students don't change into indoor shoes after playing outside. **It is a very good idea to have an extra change of clothes (especially socks!) in their locker for those "just in case" days.**



Wool Donations still needed!

Mrs. Neves' grade 1 & 2 class would really like to learn finger knitting. They would like any donations of thick wool you are not needing. You can drop the donations off in the office or in POD B.

Thank you!

Empty paper towel rolls still needed



Mrs. George's kindergarten class would like donations of empty paper towel tubes for a craft they would like to do. You can drop them off at the office or in POD D. Thanks!

Community News:

On November 22nd, from 6:00-7:30pm, Quadra Elementary School will be hosting an evening presentation for parents and educators called "I Never Knew That About ADHD!". Here is the description of the event:

I NEVER KNEW THAT ABOUT ADHD!

Child psychologists Dr. Barbara Kennedy and Dr Marei Perrin from Child and Youth Mental Health are sharing their vast knowledge on the topic of ADHD. How is it diagnosed? Will it go away as an adult? Aren't all kids hyperactive? Why would I bother to bring my child in for help? And many more pressing questions. Be prepared to have your preconceptions blown away. This illness is not what most of us think it is!

Following Dr. Kennedy, Rey Marx, London Drugs pharmacist, will ponder the questions surrounding medication use. Is it safe? Will it make my child a zombie? Are there good and bad choices in medications?

Time at the end will be reserved for questions to our presenters. Limited child care spaces will be available in our library. This event runs from 6:00-7:30.

We've advertised to our school community, and now we'd like to open it up to other schools. Would you please consider passing this invitation on to your staff and parent communities? Here is the eventbrite link:

<https://www.eventbrite.ca/e/i-never-knew-that-about-adhd-tickets-50718851450>

Tickets are free but must be reserved ahead of time.



1000X5

1,000 Books by Age Five

Children's Book Recycling Project Greater Victoria

WOW!!

163,000 books in 7.5 years to babies and preschoolers!

3,783 books donated by families at our school!

Please do a clean of your bookshelves and help another child succeed by having a home library.

Take your gently used books for babies to five year olds to the **pink bin in the school hallway by the office.**

Help all children enter the early literacy club.

"Anger Management for Parents of Children who are Explosive" November 26th

This workshop is designed to help parents recognize the early stages of anger and teach their children tools to self-calm and self regulate. Strategies and tools learned in this workshop can be applied to children with different needs and of all ages – including adults.

Parents, caregivers, those working with children, and professionals welcome!

Presented by Katherine Paxton CCC

Child Alert: Attention Parents!! Please let the school know if your child is going to be late or away from school..... This saves our office staff, parent volunteers and teachers valuable time. **Child Alert 250-479-5322 or e-mail: alert32@sd61.bc.ca**

Strawberry Vale Elementary Daily Times	
School Starts	8:40 am
Recess	10:22-10:42 am
Lunch Playtime	11:50 am - 12:20 pm
Lunch Eating	12:20-12:45 pm
Dismissal	2:48 pm

Upcoming Important Dates:

November 2018

- Nov. 12 Schools closed for Remembrance Day**
- Nov. 14 6:30 pm PAC Meeting in the staff lounge
- Nov.16 Crazy Hair Day
- Nov.22 Family Movie Night 6:30 pm
- Nov.23 Professional Development Day - School Closed**
- Nov. 26- Dec.7 Toonies for Tanzania

December 2018 No PAC Meeting this month.

- Dec.7 Report Cards Home/Toonies for Tanzania ends
- Dec.13 Winter Concert 6:30 pm
- Dec.17-21 8:30 am Caroling in the Halls
- Dec. 21 Red & Green Day/Whole School Movie 1:00
- December 24-January 4: Schools Closed for Winter Break**