

## **Strawberry Vale Happenings for October 15<sup>th</sup> to October 19<sup>th</sup>**

### **Monday, October 15<sup>th</sup>**

- Cross Country Meet 3:45 at Topaz

### **Tuesday, October 16<sup>th</sup>**

- Soccer Practice at lunch recess
- Cross Country practice at lunch recess

### **Wednesday, October 17<sup>th</sup>**

- Choir practice at lunch recess
- Cross-country practice at lunch recess on the front field
- Anxiety Workshop for Parents: 6:00-8:00 pm

### **Thursday, October 18<sup>th</sup>**

- Great BC Shakeout 10:00 am
- Cross Country practice at lunch recess
- Soccer practice at lunch recess
- **First Annual School Wide Walk-a-Thon 1:00-2:15 pm**

### **Friday, October 19<sup>th</sup>**

- **Professional Development Day: No school for students**



### **FIRST ANNUAL WALK-A-THON Thursday October 18**

The first annual Strawberry Vale School Walk-a-thon is coming soon! Pledge forms and envelopes are coming home with your students today. We are excited to start sharing with your family and friends the opportunity to help our school raise money for the many activities that support the classrooms as we go through the school year.

The Walk-a-thon will take place at **1:00 pm on October 18<sup>th</sup>** and we invite you come out and walk, run, skip and hop around the route with your

children or be a route marshal and cheer everyone on! Volunteer sign up sheets will be out soon, come see our sea of red as **every student in the school** will receive a special edition Strawberry Vale Wildcat logo t-shirt for their efforts!

We need about 6 parent volunteers to monitor areas along the route. If you can help out, please come to the office or e-mail [strawberryvale@sd61b.c.ca](mailto:strawberryvale@sd61b.c.ca)

If each student is able to raise \$25 in pledges we would have \$6,850 to invest in activities for everyone.

Every pledge helps, thank you for supporting your school!

**CHILDHOOD STRESS & ANXIETY  
BUILDING RESILIENCE**

**EMPOWERING STRATEGIES**

**EFFECTIVE SUPPORTS**

<p>Wednesday, October 17 6:00-8:00 pm</p> <p><b>STRAWBERRY VALE ELEMENTARY</b> 4109 Rosedale Ave, Victoria for Parents, Caregivers &amp; Staff All Community Welcome</p>	<p><b>Tailored for Parents, Caregivers &amp; Educators supporting children <u>ages 5 - 11</u> experiencing stress &amp; anxiety</b></p> <p><b>PRESENTATION INCLUDING Q &amp; A</b></p>
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**Free Event!**  
**REGISTRATION REQUIRED** (Click to Register)  
<https://www.eventbrite.com/e/presentation-on-childhood-anxiety-tickets-49532023616>

**Additional Information for this annual PAC fundraiser:**

**Monster Ball**  
**Friday, Oct 26<sup>th</sup>**  
**6:00 - 8:00PM**  
**SVE Gymnasium**



- **Dress-up** - After all it is a monster ball
- **Live DJ, lights, food...We've got it all!**
- **Come Hungry:** Pizza, Drinks, and Chips will be for sale
- **Glow Sticks:** \$2/each
- **Admission by donation:** Suggested \$2/person
- **Friendly Reminders:**
  - We're all coming to dance, so children won't be permitted to run around (*please help us keep the children safe by giving them friendly reminders*)
  - Adults are expected to attend the dance too because we cannot let the children have all the fun (*children are asked to keep an eye on their adults and make sure they are behaving responsibly-adults we'd appreciate if you do the same for your children*)
  - Please no masks, accessories like guns or swords, or clown costumes

**\*We have approximately 50 volunteer slots that need to get filled for the event. If you can help, please sign-up at <https://www.signupgenius.com/go/10c0948a4aa2ea3fe3-monster>**

In addition, a guess jar will be put in the office next week and coming around to classes the following week. Children guess how many items are in a spooky jar and the child closest to the actual number wins a gift card. Guesses are \$0.25 each and children can enter as many times as they want.

## **Wool Donations needed!**

Mrs. Neves' grade 1 & 2 class would really like to learn finger knitting. They would like any donations of thick wool you are not needing. You can drop the donations off in the office or in POD B.

Thank you!



## **Library News:**



**Here's an exciting opportunity!**

**Strawberry Vale** has been selected for *Indigo Books' Love of Reading* fundraising campaign, which runs until **October 7th!** Click on this banner find out how you can help add some new books to *your* school library! So far we've raised enough to purchase **50** new books for our library! Let's see how much more we can get!



Click on the notice for more information!



**VOLUNTEER**  
**AT THE LIBRARY**

**Our library relies on help from our school community. Interested in helping out? Click on this notice to contact Mr. Richey, our school librarian.**

*Thank you!*

## Community News:

### Family Healthy Living Program

#### Learn to Make Changes for a Healthier Family

**Tuesdays  
6:30pm – 8:00pm  
JDF Rec Centre**

Join other families with children ages 8 – 12 who are off the healthy weight and healthy lifestyle path.

This FREE 10 week program involves fun activities and opportunities to discuss different topics that help build skills to:

- support your family's health and quality of life
- eat healthy and be more active
- promote positive mental and social health

#### To find out more about the program:

Ph: 1-888-650-3141 (toll free)

email: [familyhealthyliving@uvic.ca](mailto:familyhealthyliving@uvic.ca)

[www.familyhealthyliving.ca](http://www.familyhealthyliving.ca)



# 1000X5

## 1,000 Books by Age Five

Children's Book Recycling Project Greater Victoria

**WOW!!**

163,000 books in 7.5 years to babies and preschoolers!

3,783 books donated by families at our school!

Please do a clean of your bookshelves and help another child succeed by having a home library.

Take your gently used books for babies to five year olds to the **pink bin in the school hallway by the office.**

Help all children enter the early literacy club.

**Child Alert: Attention Parents!! Please let the school know if your child is going to be late or away from school..... This saves our office staff, parent volunteers and teachers valuable time. **Child Alert 250-479-5322 or e-mail: [alert32@sd61.bc.ca](mailto:alert32@sd61.bc.ca)****

Strawberry Vale Elementary Daily Times	
School Starts	<b>8:40 am</b>
Recess	<b>10:22-10:42 am</b>
Lunch Playtime	<b>11:50 am - 12:20 pm</b>
Lunch Eating	<b>12:20-12:45 pm</b>
Dismissal	<b>2:48 pm</b>

**Upcoming Important Dates:**

**October 2018**

- Oct. 18 School wide Walk-a-Thon (moved from Oct.12)
- Oct. 18 Great BC Shakeout
- Oct. 19 Professional Development Day – School closed**
- Oct. 26 Monster Ball (evening event, time TBA)
- Oct. 31 **Black and Orange Day**

**November 2018**

- Nov. 1-6 Scholastic Book Fair
- Nov. 4 Daylight Savings Time Ends
- Nov.7 Photo Retakes
- Nov. 9 10:30 Remembrance Day Assembly
- Nov. 12 Schools closed for Remembrance Day**
- Nov. 14 6:30 pm PAC Meeting in the staff lounge
- Nov.16 Crazy Hair Day
- Nov.22 Family Movie Night 6:30 pm
- Nov.23 Professional Development Day - School Closed**
- Nov. 26- Dec.7 Toonies for Tanzania

**December 2018 No PAC Meeting this month.**

- Dec.7 Report Cards Home/Toonies for Tanzania ends
- Dec.13 Winter Concert 6:30 pm
- Dec.17-21 8:30 am Caroling in the Halls
- Dec. 21 Red & Green Day/Whole School Movie 1:00
- December 24-January 4: Schools Closed for Winter Break**