

Strawberry Vale Happenings for November 20th to November 24th

Monday, November 20th

- National Child Day today! It's all about celebrating children as active participants in their own lives and in communities
- Allison Rees parent seminar tonight 6:30-8:30 Poster attached

Tuesday, November 21st

- Dance Club at noon today in the gym
- Run Club at lunch break for Kindergarten to Grade 5 students
- Swim Club 3:15-4:00 pm at Commonwealth Pool

Wednesday, November 22nd

- Division 7 field trip to Goldstream Hatchery 10:00am - 12:00pm
- Division 2 and 3 Victoria Art Museum Visit 9:00am-12:00pm
- No Swim Club this week



Thursday, November 23rd

- Crazy Hair Day
- Fun Lunch for those who pre-ordered
- Family Movie Night 6:30 pm start time in the gym. Doors open at 6:00 for movie night!!

Friday, November 24th

- **Professional Development Day: NO SCHOOL FOR STUDENTS**

**Strawberry Elementary & Northridge Elementary PAC's presents:
Parent Education Night
Monday November 20th
6:30-8:30**

**The Adult/Child Connection: Working with Children and
Teens
By Allison Rees**

This session deals with how to communicate with children. Learning this material is like learning a new language and one that brings about profound change in relationships and children's behaviour. In this two hour workshop concepts around safe communication are presented. This longer workshop allows me to coach participants to practice the skills and dive deeper into the subjects of boundaries and nurturing self-esteem. Topics covered are:

- Safe and Effective Communication: Listening, Speaking and Taking Turns
- Conflict Resolution (How to get to a win/win.)
- The Intelligence of Emotions: Emotion Coaching (Dealing with anxiety, anger, fear.....)
- Boundaries (The Underpinning of Healthy Relationships)

The Development of Self-Esteem in Adult and Child (The essence of a healthy life.)

**Location: Northridge Elementary School
Cost: FREE ~ funding provided by both PAC's
RSVP by Thurs Nov 16th**

Go to:

www.eventbrite.ca/e/the-adultchild-connection-working-with-children-and-teens-by-allison-rees-tickets-39210309090

Or Contact Strawberry Vale parent: Wendy Watt:
wendyandshane@hotmail.com or 250-896-3207



Grade 3-5 FAMILY MOVIE NIGHT Thursday November 23rd

Come dressed in your PJ's and bring along your pillows and blankets to the SVE gym for family movie night on **Thursday, Nov 23rd**. **Doors open at 6:00 pm and movie begins at 6:30 pm**. The grade 3-5 students voted and the feature movie will be **The Emoji Movie**. No need to make dinner because there will be drinks (juice and water), prize popcorn (find a gold coin in your popcorn and win a prize), and pizza for sale.

- There is a suggested donation of \$2/person.
- *Students of all ages are welcome to attend; however, families are encouraged to review the movie content and ensure it is appropriate for their families. Here is a link: <https://www.common sense media.org/movie-reviews/the-emoji-movie>*
- Based on feedback from parents, we've decided to host a primary movie night tailored to kindergarten to grade 2 students in February 2018 with an earlier start time.

New Silent Bikes Coming to Strawberry Vale Classrooms

The teachers cannot say enough about the positive effects these bikes are having on calming and settling our children's minds and bodies. Many thanks to all parents for making this happen!

Cindy Sanderson, Principal

Thanks to your fundraising efforts, there is going to be a silent bike in each classroom at Strawberry Vale!

At last week's meeting, the PAC has approved \$7,000 for the purchase of 10 of the special bikes.

Four bikes were purchased by the school and have been rotating through classrooms, and the demand has been overwhelming.

Teacher Bev Ross says the benefit of the bike in her room was immediate, and many students now use it regularly when energy levels peak, allowing them to quickly regain their focus and settle down to learning.

You can read more about how the bikes are being used in classrooms across the country in [this article in the Toronto Star](#).



Teacher Bev Ross and grade 4 student Kai Williams give the bikes a big thumbs up, and Bev extends a big thanks to the SVE parent community for supporting the purchase!

Toonies For Tanzania November 27th to December 8th

Please Help Us Help Roda Gidungureda Go To School



Once again, our Strawberry Vale School Community will be raising money to send our CHES (Canadian Harambee Education Society) student to school. **Roda Gidungureda** is girl who lives in Tanzania. In Tanzania, families must pay for their children's schooling after the first few years. Many families are very poor, and sending their boys to school is seen as a priority. Roda's parents are much too poor to be able to afford to send her to school. All of us at Strawberry Vale have the good fortune of living in a country where every child, regardless of gender or financial circumstances, has the opportunity to attend school. We are choosing to remember this privilege, and to contribute towards providing this same

opportunity for Roda in Tanzania. Our goal is to raise at least **\$600.00**. (This is the cost of Roda's tuition for one year. Any amount that we raise above that will be put towards some school supplies.)

We are encouraging students to bring a "Toonie For Tanzania" to school sometime between November 27th and December 8th. Families who are able to make contributions of \$20.00 or more (and provide their complete mailing address) will receive a tax receipt.

Mrs. Catriona Harker, a former principal at Strawberry Vale School, is our contact person for supporting Roda, our CHES student.

Thank you for helping us help Roda!

Beverly Ross and Jenn Horton

**According to UN and World Bank Studies,
Educating women results in:**

Lower infant and maternal mortality

Smaller families

Longer life expectancy

Girls returning to help their communities:

- Higher economic productivity in the community
- More educated families
- Healthier children
- Long term solution to HIV
- The reduction of the conditions that lead to terrorism
- (From CHES Poster)

Strawberry Vale Spirit Wear

SVE Toque.....\$10.00 each
(only 3 available)



SVE Teddy Bear.....\$10.00each



SVE Wildcats Scarf.....\$5.00 each



Wildcats Red Stainless Steel Water Bottle.....\$5.00 each (only 2 available)

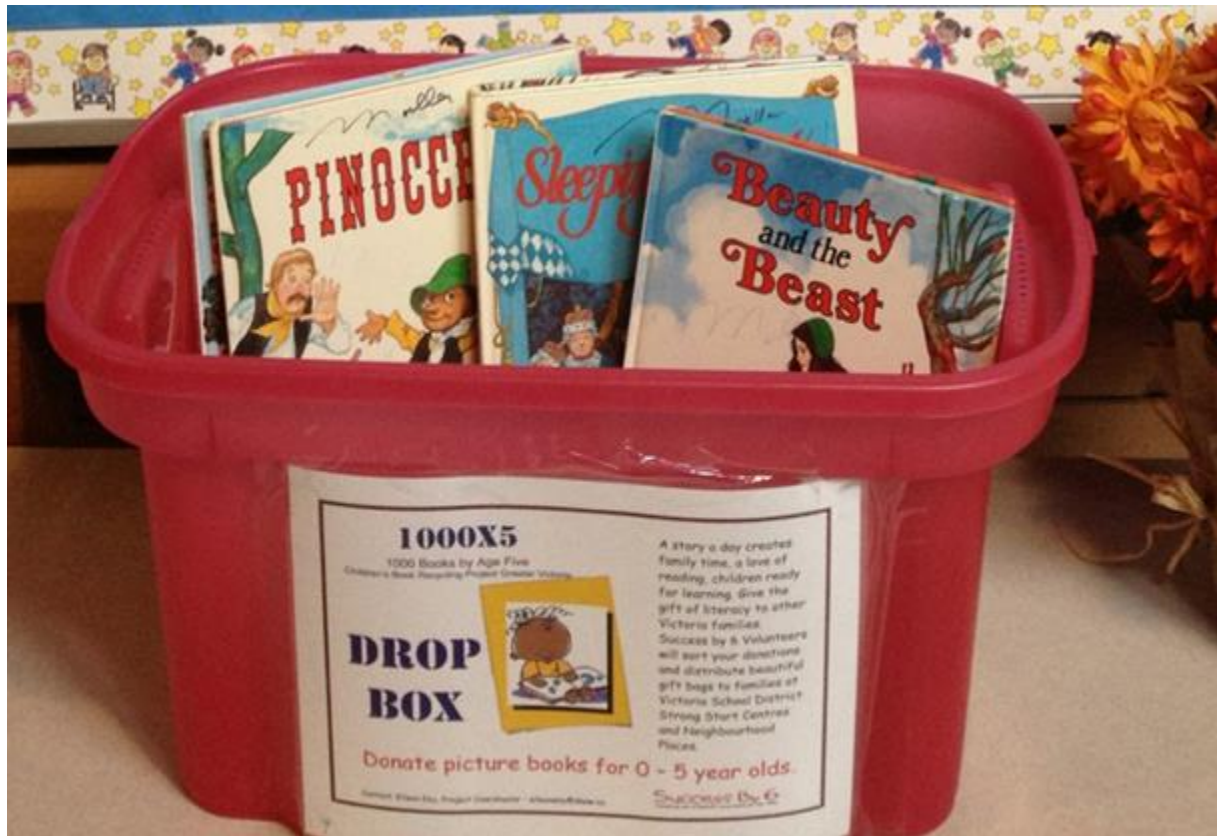
Available in the school office!

1000X5

1000 Books by Age Five

Children's Book Recycling Project Greater Victoria

3 Books = 1 Gift
Make it Happen



Take the three book challenge. As we head into the holiday season, many families appreciate a bit of help with gifts. And what can be a better gift than a bag of 3 books for babies and toddlers? Every month 1000X5 pops 2,400 books in 800 gift bags.

If each child in Strawberry Vale Elementary School brought in 3 gently used books for babies and preschoolers, we would collect 891 books, enough for gift bags of books to 297 children. **Let's make it happen.**

Drop books for babies and preschoolers off in the pink bin in the hallway by the school office.

Child Alert: Attention Parents!! Please let the school know if your child is going to be late or away from school..... This saves our office staff, parent volunteers and teachers valuable time. **Child Alert 250-479-5322 or e-mail: alert32@sd61.bc.ca**

Strawberry Vale Elementary Daily Times	
School Starts	8:40 am
Recess	10:22-10:42 am
Lunch Playtime	11:50 am - 12:20 pm
Lunch Eating	12:20-12:45 pm
Dismissal	2:48 pm

Upcoming Important Dates:

November 2017

Nov. 23 Crazy Hair Day/Family Movie Night Gr.3-5
Nov.24 Professional Development Day - School Closed
Nov. 27- Dec.8 Toonies for Tanzania

December 2017 No PAC Meeting this month.

Dec.1 Report Cards Home
Dec. 8 Toonies for Tanzania ends
Dec.14 Winter Sing-a-long 6:30 pm Please bring a food bank donation
Dec. 18-22 8:30 am Caroling in the Halls
Dec. 22 Red & Green Day/Whole School Movie 1:00
December 23-January 7: Schools Closed for Winter Break

January 2018

Jan. 8 School reopens

Jan. 7 Christmas Tree chipping/Bottle Drive 11:00 - 1:00

Jan. 17 6:30 pm PAC meeting in staff lounge

Jan. 18 Ready Set Learn

Jan.26 PJ Day

Jan. 29-Feb.2 Kindergarten Registration Week